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Recipe of the Month: Broccoli Rabe with Lemon and Garlic (serves 6)

Ingredients

2 pounds broccoli rabe-washed, stems trimmed and chopped into 2 inch lengths
3 cloves chopped garlic
1/2 teaspoon crushed red pepper flakes
2 tablespoons kosher salt
2 tablespoons olive oil
1 lemon-juiced

Directions

In a small pot boil salted water. Add broccoli rabe, reduce heat, cook 7 minutes and drain. In a large pan heat oil add garlic and red pepper cook 2 minutes. Add broccoli rabe, cook 2 more minutes. Remove from heat. Add lemon juice and serve.

Enjoy!